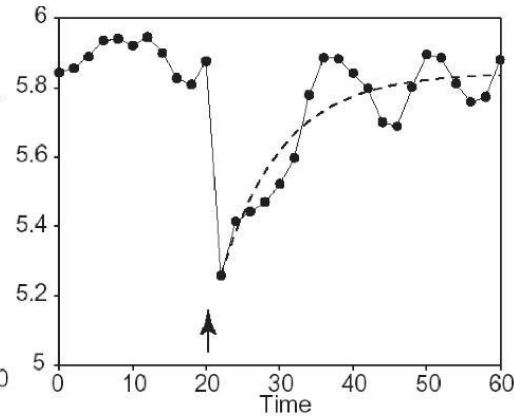
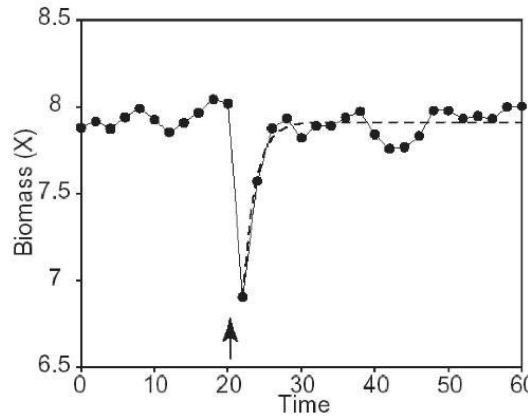


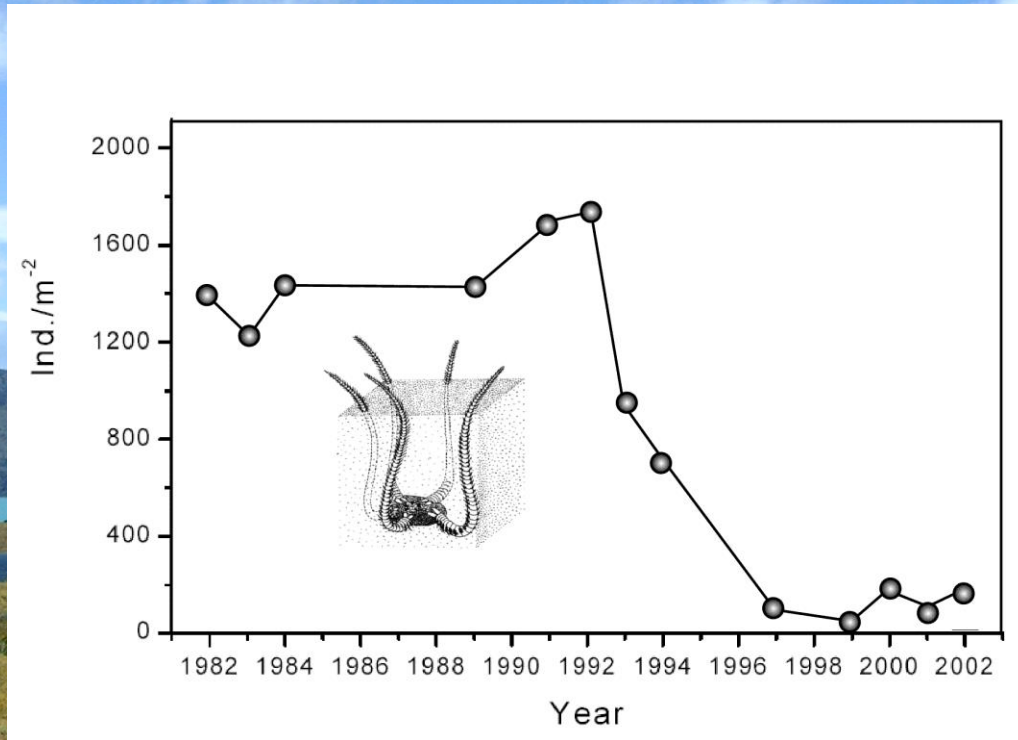
# Resilience



# Engineering Resilience



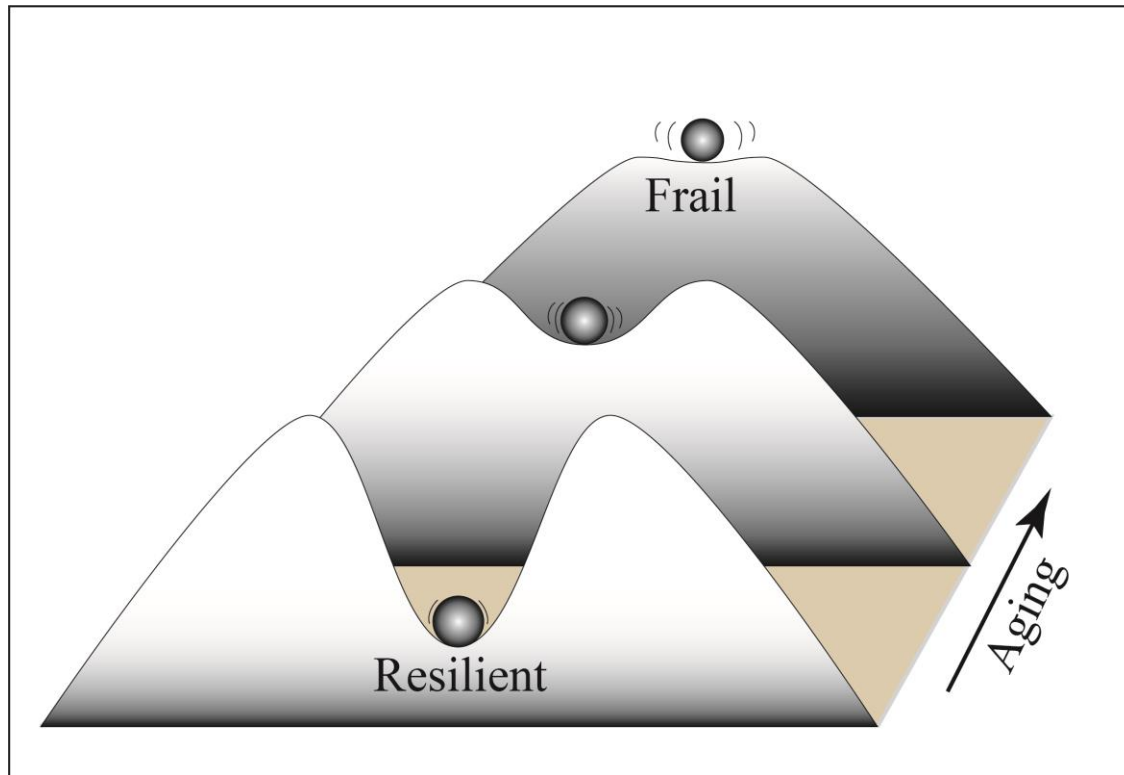
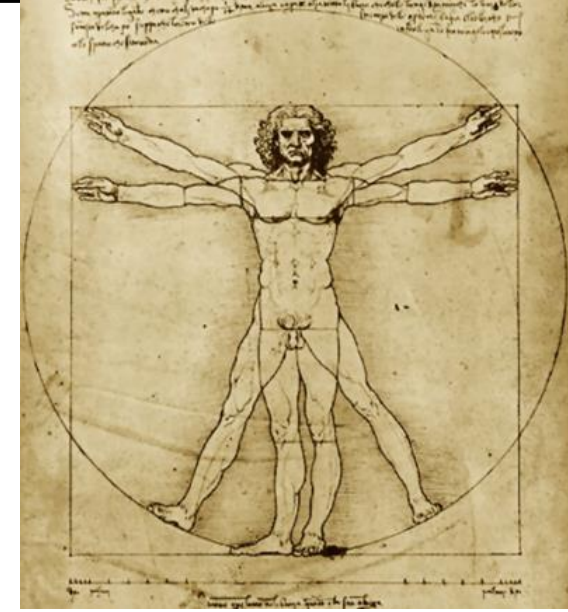




*Holling 1973  
Ecological Resilience*







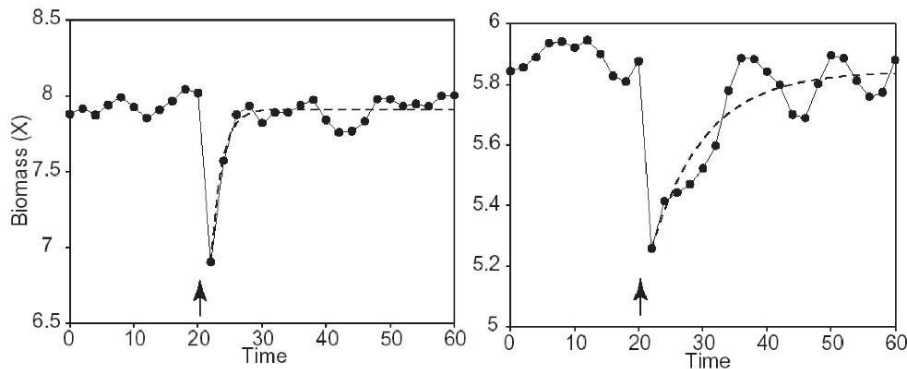
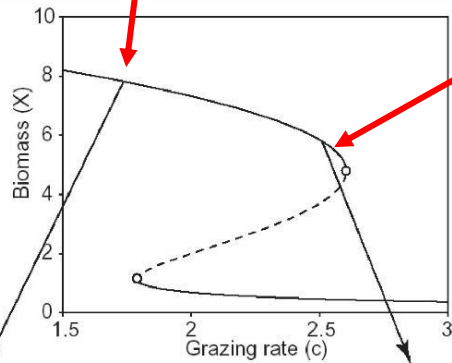
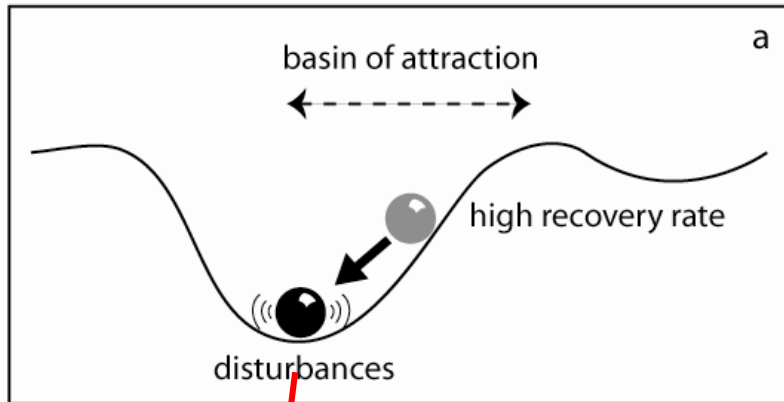
# Could We Quantify Systemic Resilience ?



**Without destroying the system ?**

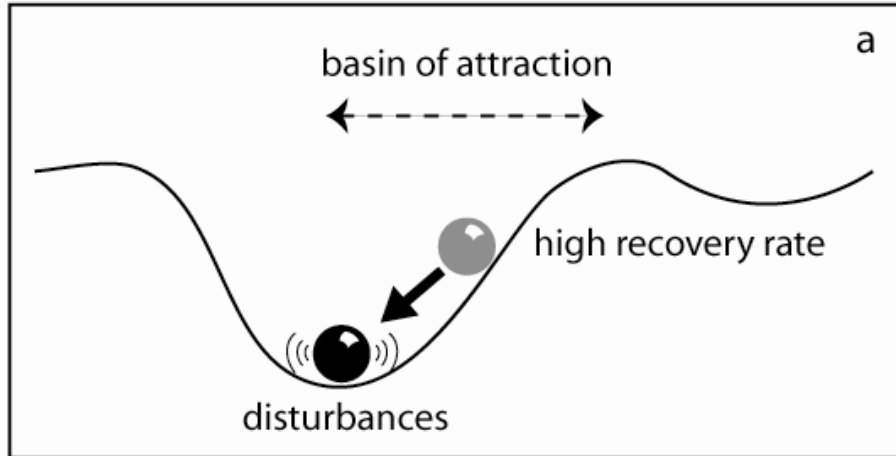
# Critical Slowing Down

high resilience

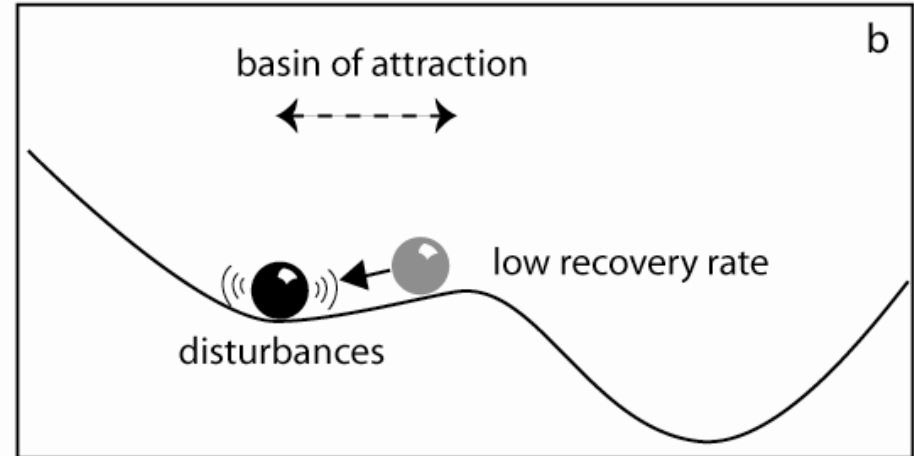


# Using Natural Fluctuations

## High Resilience



## Low Resilience



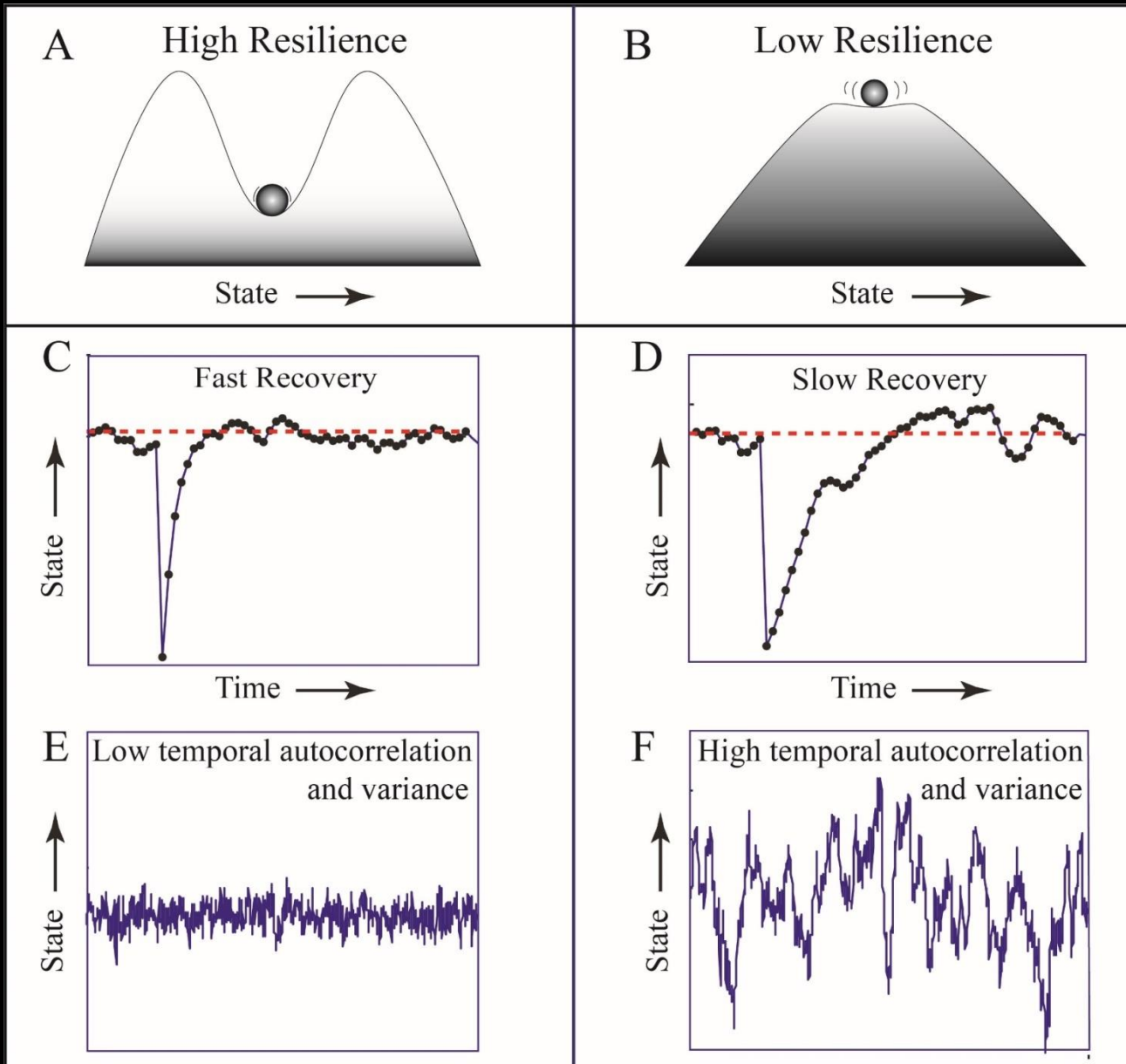
increased  
variance

increased  
autocorrelation

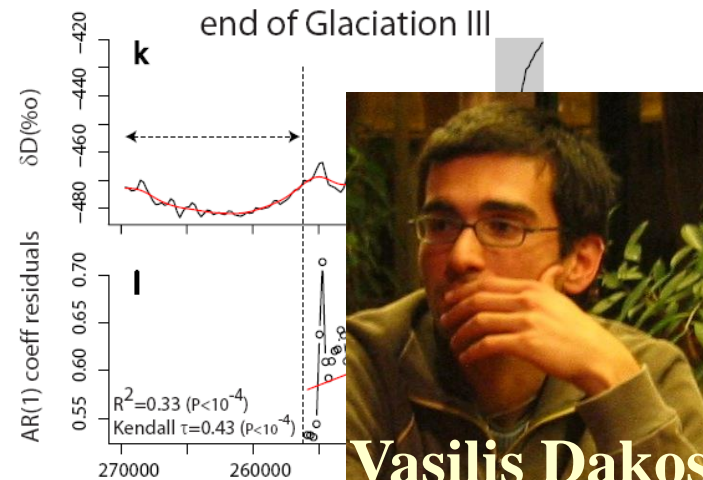
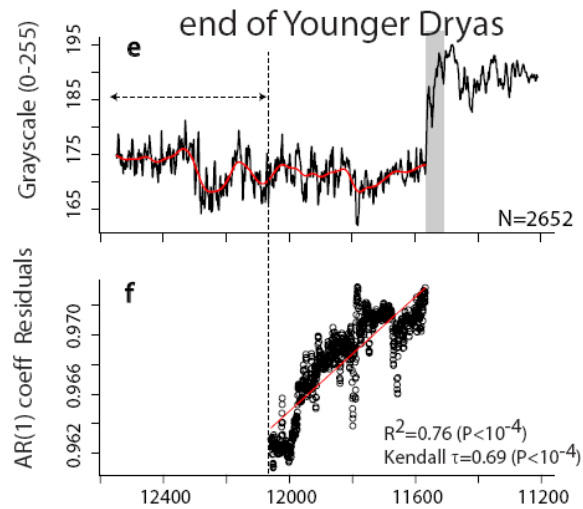
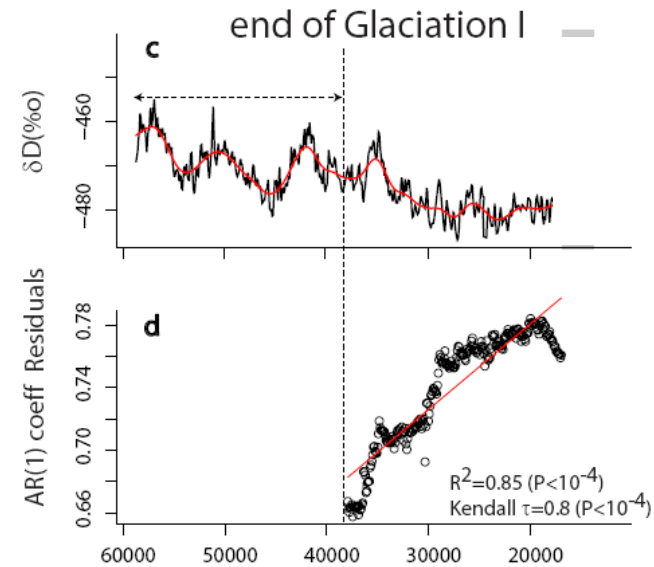
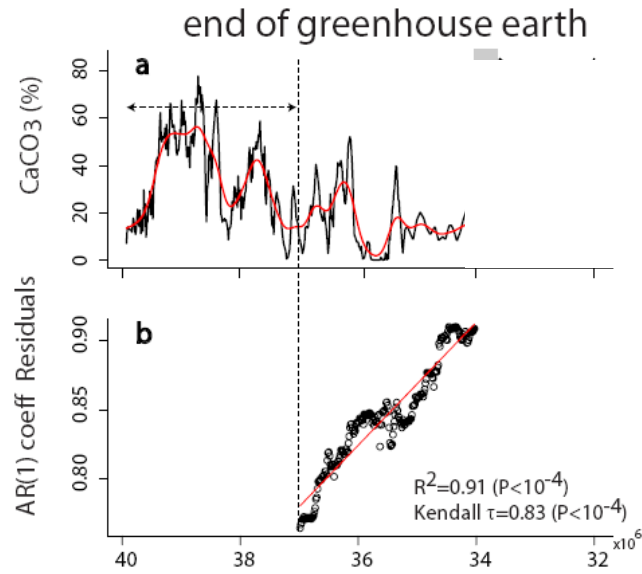


# Dynamic Indicators of Resilience

based on patterns of 'micro-recovery'



# Such signals announced 8 abrupt climate shifts



# Evidence from a living system in the lab

LETTER

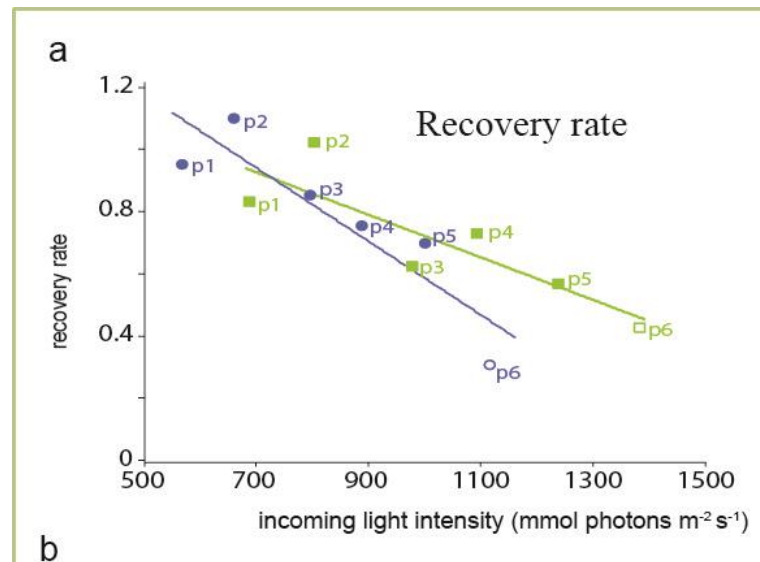
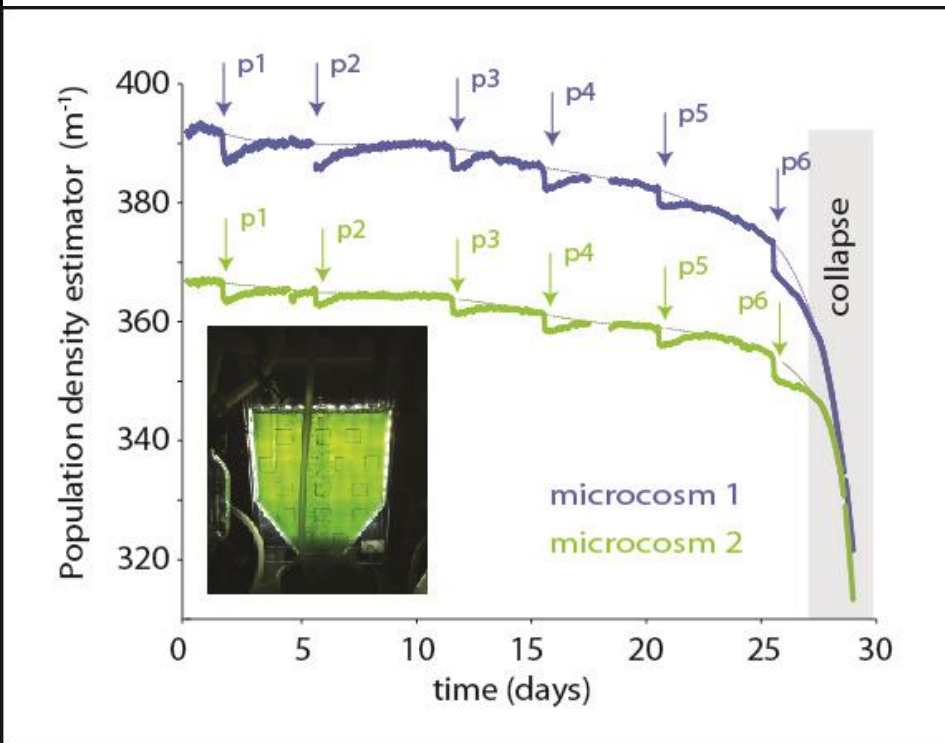
*Nature*, 2012

doi:10.1038/nature10723



## Recovery rates reflect distance to a tipping point in a living system

Annelies J. Veraart<sup>1</sup>, Elisabeth J. Faassen<sup>1</sup>, Vasilis Dakos<sup>1</sup>, Egbert H. van Nes<sup>1</sup>, Miquel Lürling<sup>1,2</sup> & Marten Scheffer<sup>1</sup>



b



# Forests and Societies

nature  
climate change

LETTERS

PUBLISHED ONLINE: 5 SEPTEMBER 2016 | DOI: 10.1038/NCLIMATE3108

## Remotely sensed resilience of tropical forests

Jan Verbesselt<sup>1\*</sup>, Nikolaus Umlauf<sup>2</sup>, Marina Hirota<sup>3,4,5</sup>, Milena Holmgren<sup>6</sup>, Egbert H. Van Nes<sup>3</sup>, Martin Herold<sup>1</sup>, Achim Zeileis<sup>2</sup> and Marten Scheffer<sup>3\*</sup>

## European Neolithic societies showed early warning signals of population collapse

Sean S. Downey<sup>a,1</sup>, W. Randall Haas Jr.<sup>a</sup>, and Stephen J. Shennan<sup>b</sup>

<sup>a</sup>Anthropology Department, University of Maryland, 4302 Chapel Lane, College Park, MD 20742; and <sup>b</sup>Institute of Archaeology, University College London, London WC1H 0PY, United Kingdom

Edited by Timothy A. Kohler, Washington State University, Pullman, WA, and accepted by Editorial Board Member James O'Connell June 30, 2016 (received for review March 16, 2016)

**Ecosystems on the verge of major reorganization—regime shift—** archaeological data (14–16) are narrowing the gap between theory

PNAS

# and the human mood

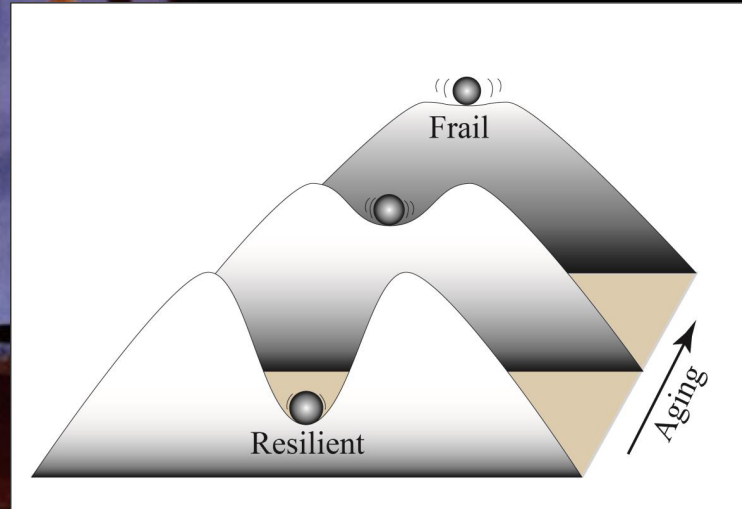
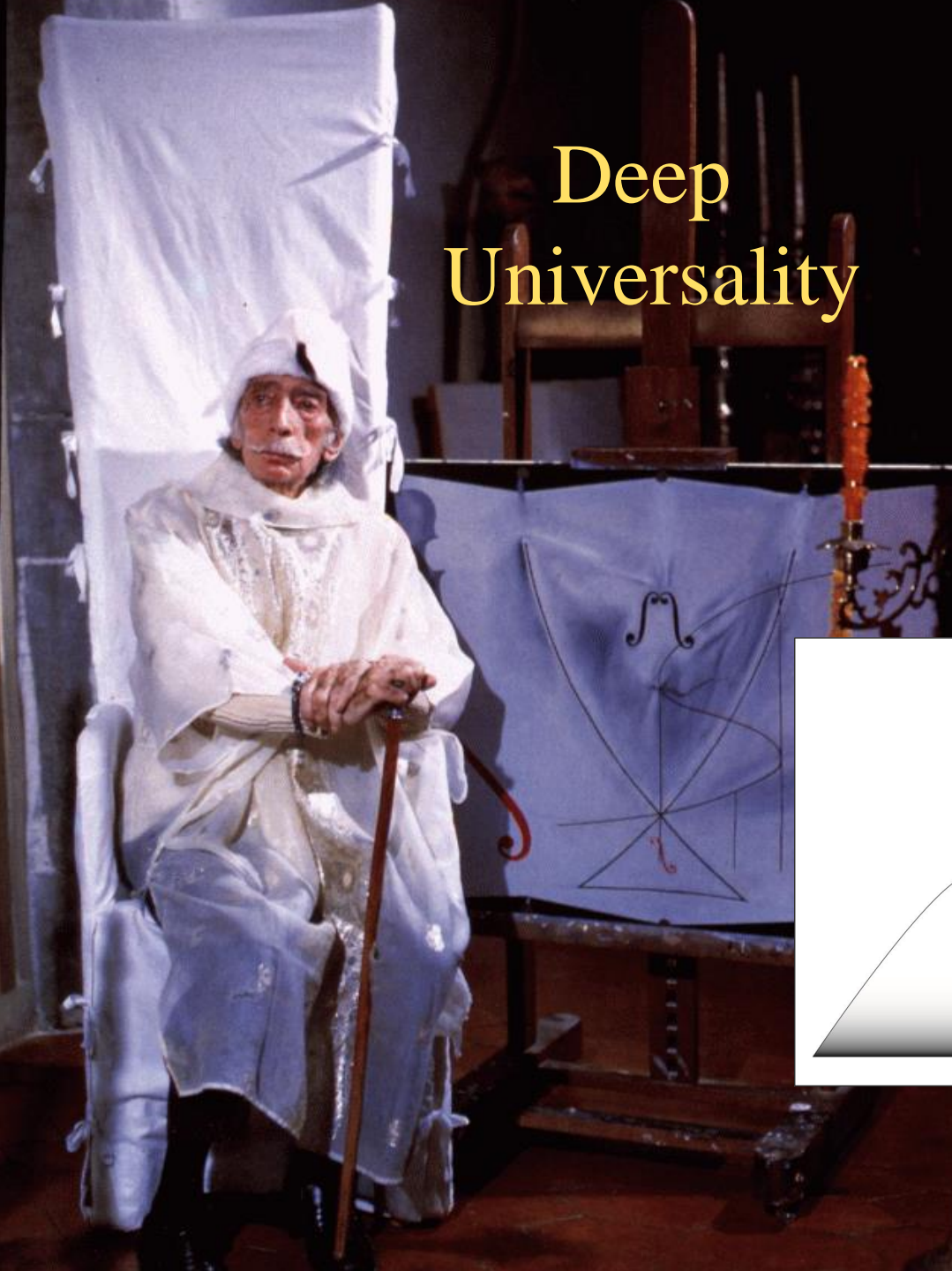


## Critical slowing down as early warning for the onset and termination of depression

Ingrid A. van de Leemput<sup>a,1,2</sup>, Marieke Wichers<sup>b,1</sup>, Angélique O. J. Cramer<sup>c</sup>, Denny Borsboom<sup>c</sup>, Francis Tuerlinckx<sup>d</sup>, Peter Kuppens<sup>d,e</sup>, Egbert H. van Nes<sup>a</sup>, Wolfgang Viechtbauer<sup>b</sup>, Erik J. Giltay<sup>f</sup>, Steven H. Aggen<sup>g</sup>, Catherine Derom<sup>h,i</sup>, Nele Jacobs<sup>b,j</sup>, Kenneth S. Kendler<sup>g,k</sup>, Han L. J. van der Maas<sup>c</sup>, Michael C. Neale<sup>g</sup>, Frenk Peeters<sup>b</sup>, Evert Thiery<sup>l</sup>, Peter Zachar<sup>m</sup>, and Marten Scheffer<sup>a</sup>

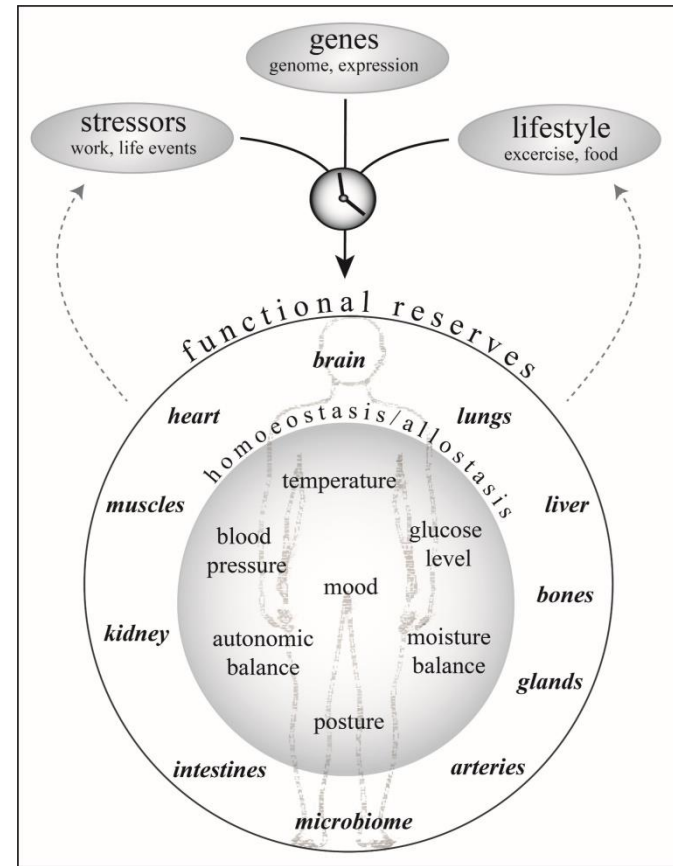
<sup>a</sup>Aquatic Ecology and Water Quality Management, Wageningen University, 6700 AA, Wageningen, The Netherlands; <sup>b</sup>Department of Psychiatry and Psychology, School for Mental Health and Neuroscience, Maastricht University, 6200 MD, Maastricht, The Netherlands; <sup>c</sup>Department of Psychology, Psychological Methods, University of Amsterdam, 1018 XA, Amsterdam, The Netherlands; <sup>d</sup>Faculty of Psychology and Educational Sciences, KU Leuven

# Deep Universality

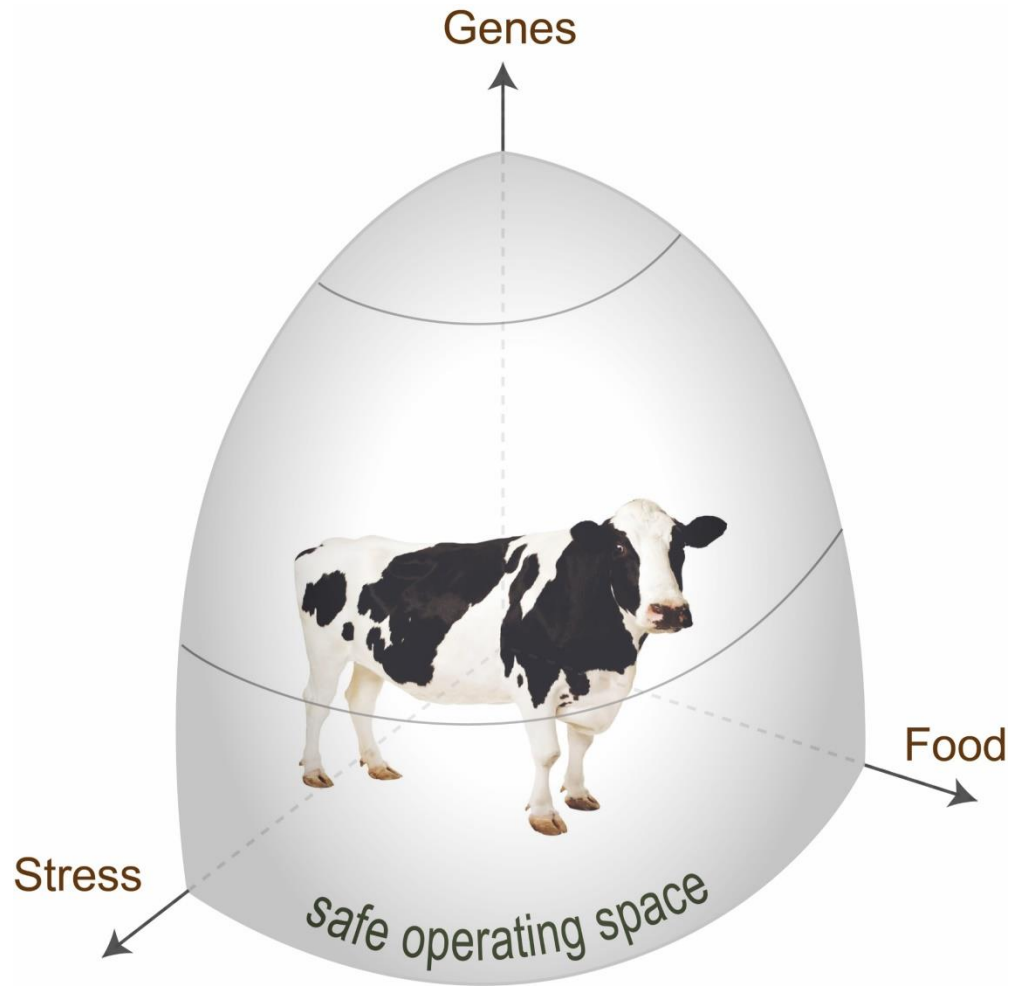




# What kind of things can we do with this?

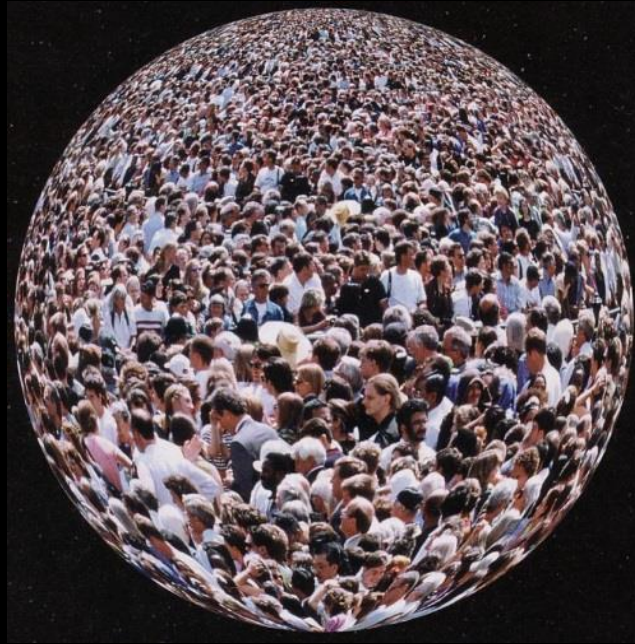


# What kind of things can we do with this?



**Quantify and Manage Resilience ?**

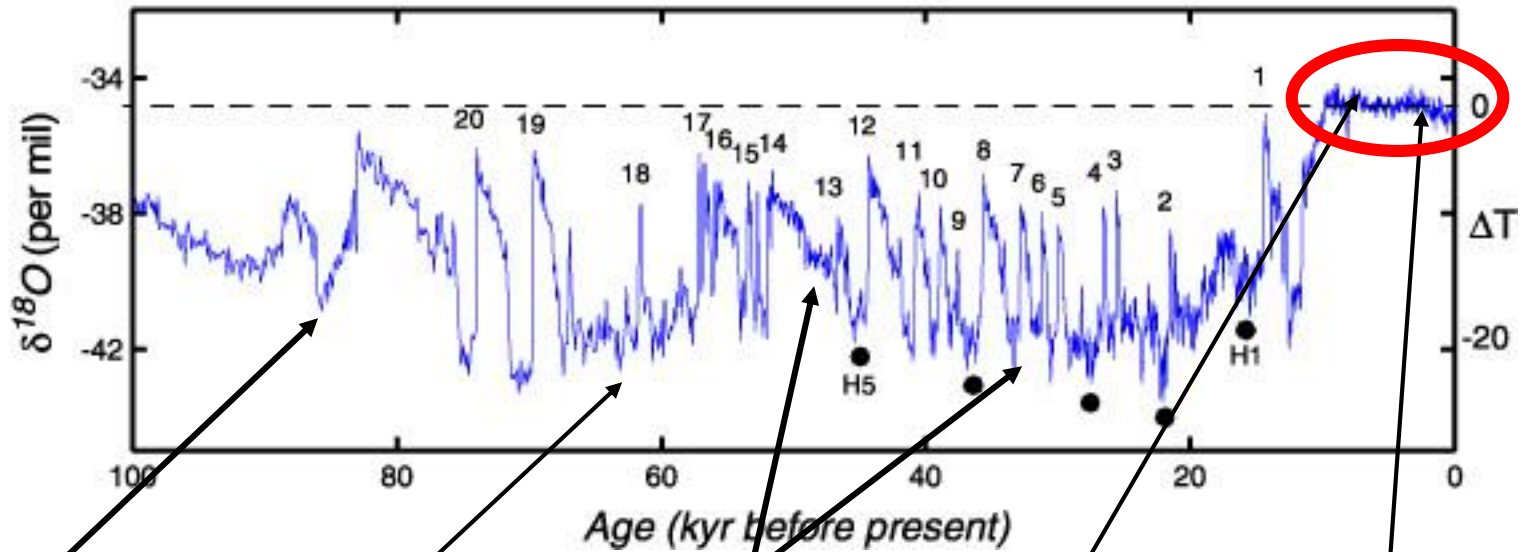
# What about the bigger picture ?



Resilience of social traps



# We live in interesting times



First migration of fully modern humans out of Africa

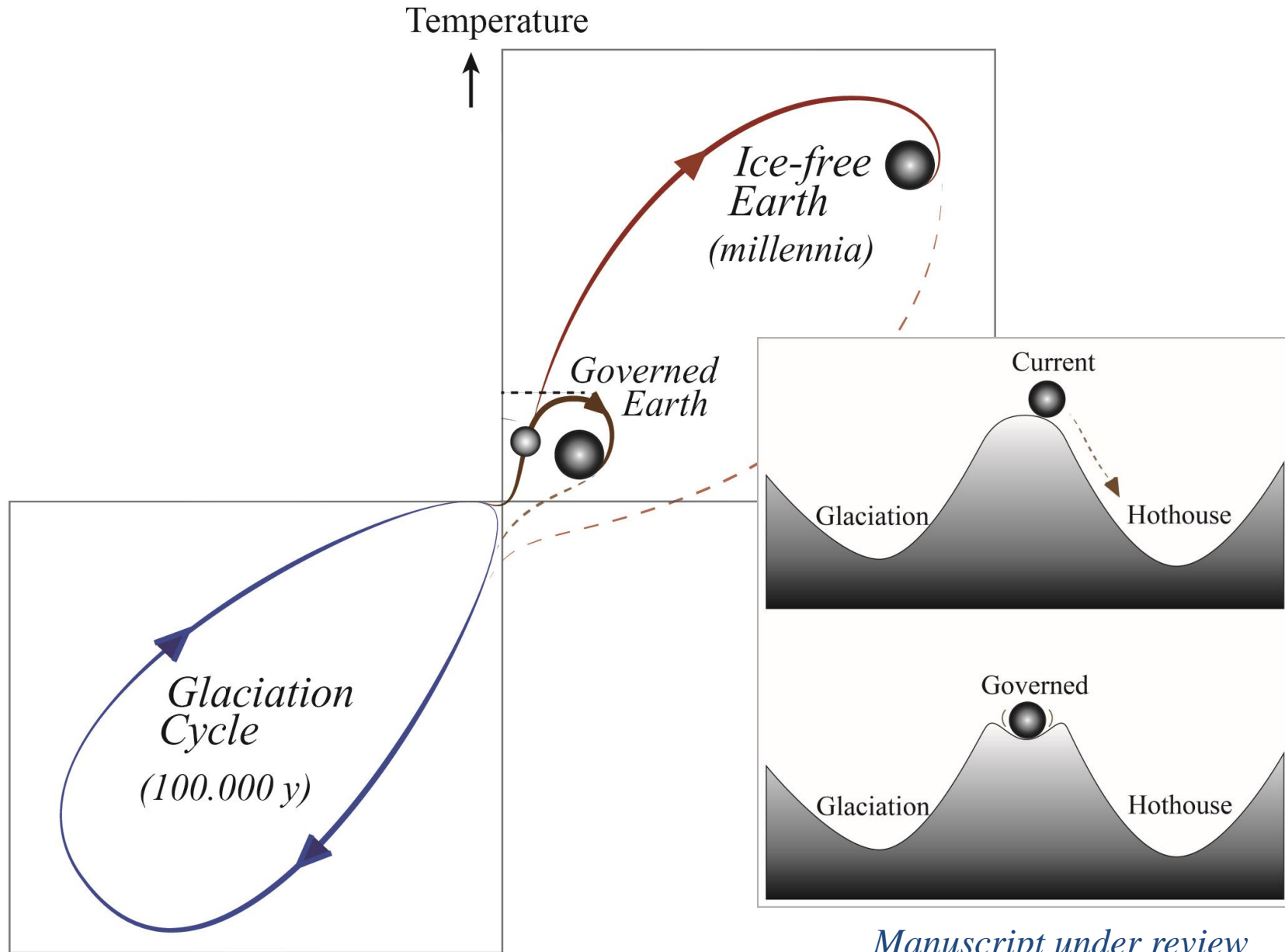
Aborigines arrive in Australia

Migrations of fully modern humans from South Asia to Europe



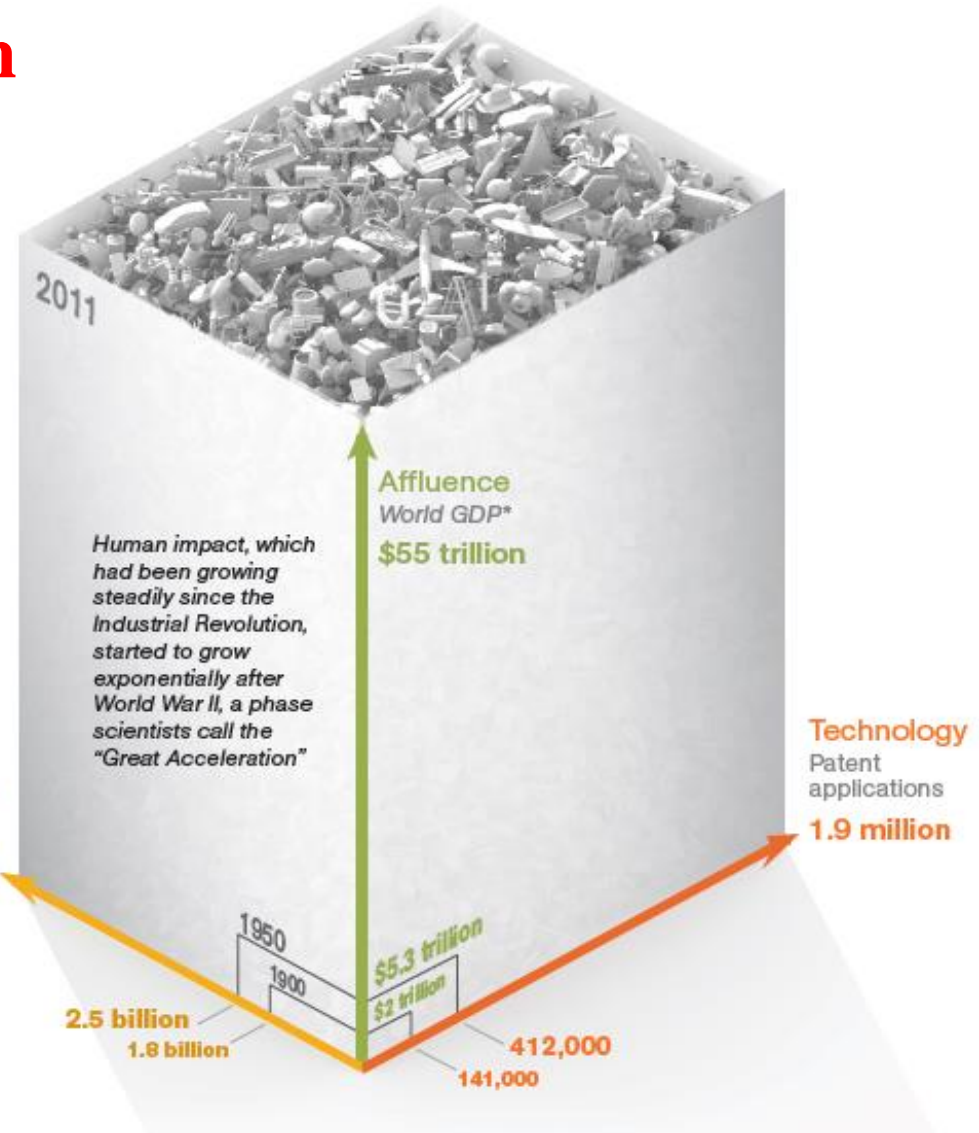
Great European civilisations: Greek, Roman

# The Big Picture

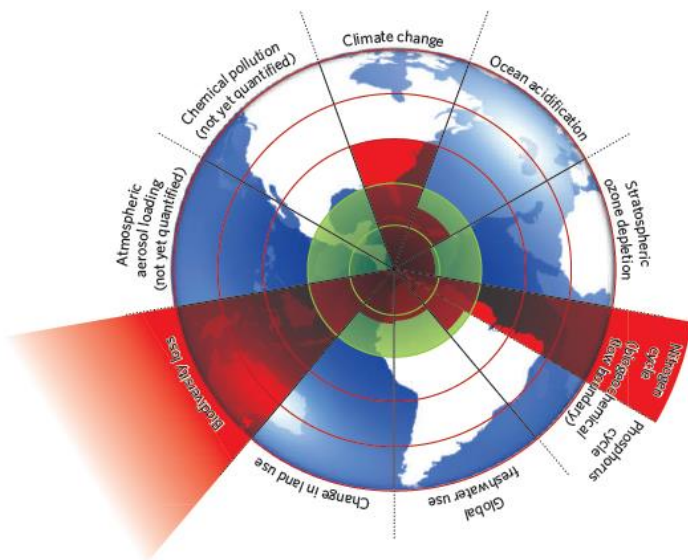


# The Great Acceleration

P x A x T = width times height times length of three boxes representing human impact in 1900, 1950 and 2011.



## Planetary Boundaries



# The Economist

MAY 28TH - JUNE 3RD 2011

Economist.com

Obama, Bibi and peace  
Huntsman blows his horn  
A soft landing for China  
The costly war on cancer  
How the brain drain reduces poverty

Welcome to the Anthropocene



Geology's new age

**Humans have changed the way  
the world works.**

**Now they have to change the way  
they think about it, too**







# Hysteresis in public attitude



## Social Contagion

INSIGHTS | PERSPECTIVES

SCIENCE GALLEY

### OVERLINE

## *Social norms as solutions*

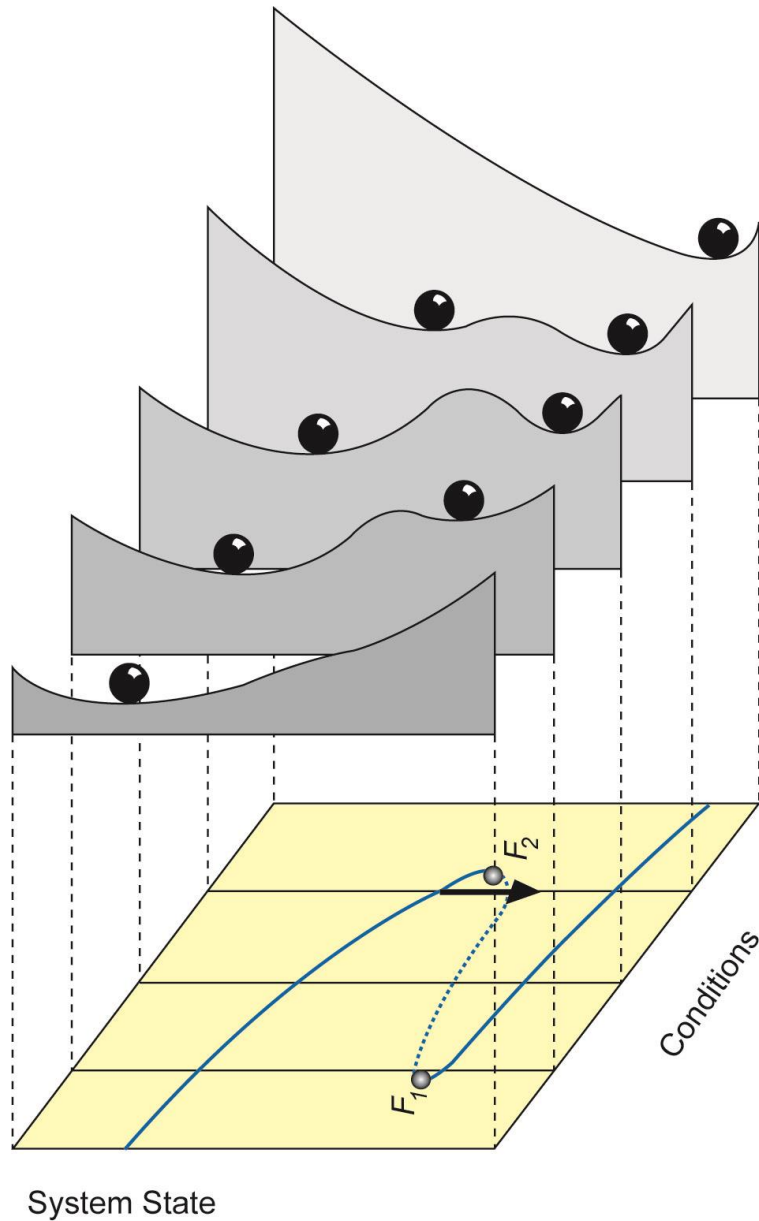
Science Magazine  
October 2016

Policies can influence large-scale behavioral tipping points

By Karine Nyborg<sup>1\*</sup>, John M. Anderies<sup>2</sup>, Astrid Dannenberg<sup>3,4</sup>, Therese Lindahl<sup>5,6</sup>, Caroline Schill<sup>5,6</sup>, Maja Schlüter<sup>6</sup>, W. Neil Adger<sup>7</sup>, Kenneth J. Arrow<sup>8</sup>, Scott Barrett<sup>9</sup>, Stephen Carpenter<sup>10</sup>, F. Stuart Chapin III<sup>11</sup>, Anne-Sophie Crépin<sup>5,6</sup>, Gretchen Daily<sup>12</sup>, Paul Ehrlich<sup>12</sup>, Carl Folke<sup>5,6</sup>, Wander Jager<sup>13</sup>, Nils Kautsky<sup>14</sup>, Simon A. Levin<sup>15</sup>, Ole Jacob Madsen<sup>16</sup>, Stephen Polasky<sup>17</sup>, Marten Scheffer<sup>18</sup>, Brian Walker<sup>19</sup>, Elke U. Weber<sup>20</sup>, James Wilen<sup>21</sup>, Anastasios Xepapadeas<sup>22</sup>, Aart de Zeeuw<sup>5,23</sup>



# Critical Transitions in Society



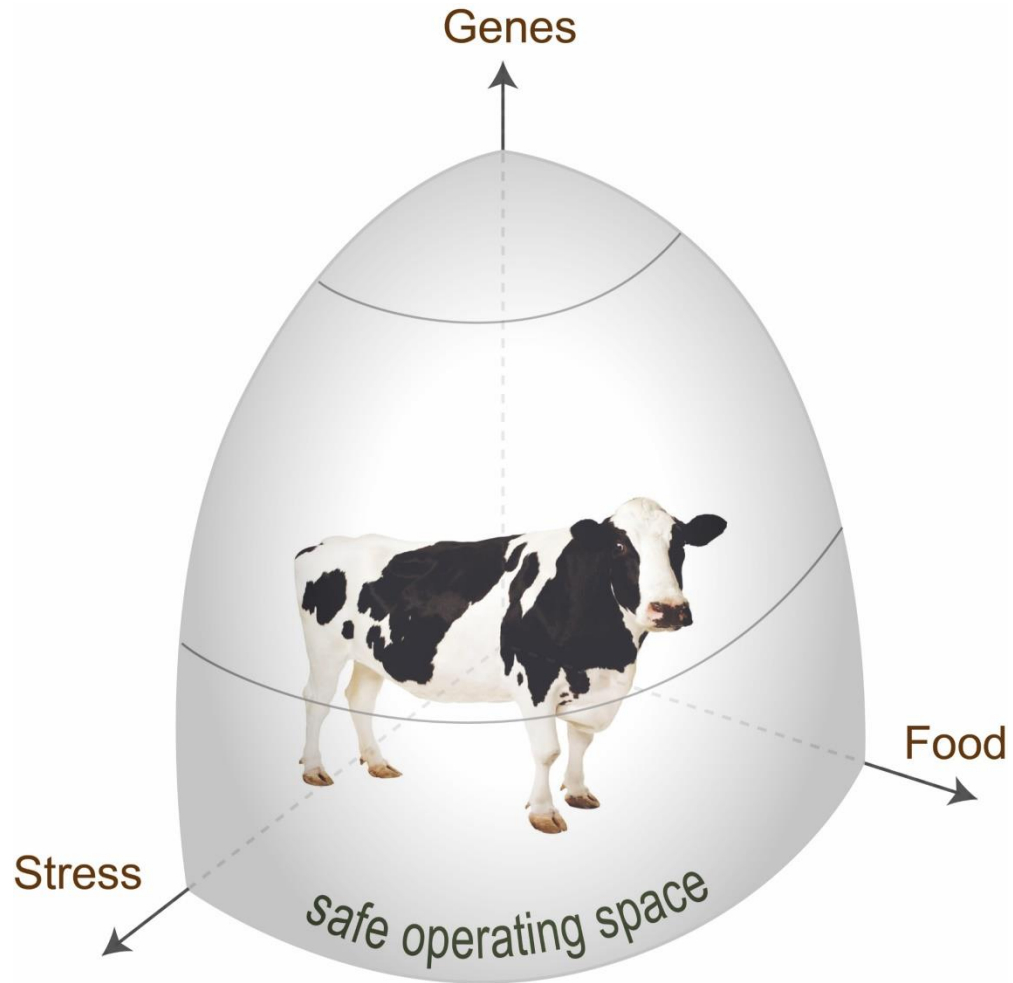
**Footbinding  
Public Smoking**



**Radical Change can only be  
Invoked at a Tipping Point**



# Rethinking the Cow

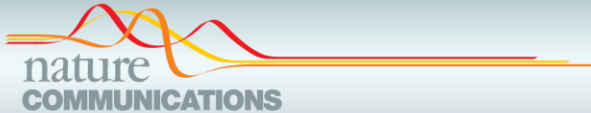




# Tipping Points in Health

## Slowing Down of Recovery as Generic Risk Marker for Acute Severity Transitions in Chronic Diseases

Marcel G. M. Olde Rikkert, MD, PhD<sup>1</sup>; Vasilis Dakos, PhD<sup>2</sup>; Timothy G. Buchman, PhD, MD<sup>3</sup>; Rob de Boer, PhD<sup>4</sup>; Leon Glass, PhD<sup>5</sup>; Angélique O. J. Cramer, PhD<sup>6</sup>; Simon Levin, PhD<sup>7</sup>; Egbert van Nes, PhD<sup>8</sup>; George Sugihara, PhD<sup>9</sup>; Michel D. Ferrari, MD, PhD<sup>10</sup>; Else A. Tolner, PhD<sup>10</sup>; Ingrid van de Leemput, MSc<sup>8</sup>; Joep Lagro, MD, PhD<sup>11</sup>; René Melis, MD, PhD<sup>1</sup>; Marten Scheffer, PhD<sup>8</sup>



ARTICLE

Received 23 Jan 2014 | Accepted 9 Jun 2014 | Published 8 Jul 2014

DOI: 10.1038/ncomms5344

OPEN

## Tipping elements in the human intestinal ecosystem

Leo Lahti<sup>1,2</sup>, Jarkko Salojärvi<sup>1,\*</sup>, Anne Salonen<sup>3,\*</sup>, Marten Scheffer<sup>4</sup> & Willem M. de Vos<sup>1,2,3</sup>

## Critical slowing down as early warning for the onset and termination of depression

Ingrid A. van de Leemput<sup>a,1,2</sup>, Marieke Wichers<sup>b,1</sup>, Angélique O. J. Cramer<sup>c</sup>, Denny Borsboom<sup>c</sup>, Francis Tuerlinckx<sup>d</sup>, Peter Kuppens<sup>d,e</sup>, Egbert H. van Nes<sup>a</sup>, Wolfgang Viechtbauer<sup>b</sup>, Erik J. Giltay<sup>f</sup>, Steven H. Aggen<sup>g</sup>, Catherine Derom<sup>h,i</sup>, Nele Jacobs<sup>b,j</sup>, Kenneth S. Kendler<sup>g,k</sup>, Han L. J. van der Maas<sup>c</sup>, Michael C. Neale<sup>g</sup>, Frenk Peeters<sup>b</sup>, Evert Thiery<sup>l</sup>, Peter Zachar<sup>m</sup>, and Marten Scheffer<sup>a</sup>

<sup>a</sup>Aquatic E  
Psychology,  
Psychologi

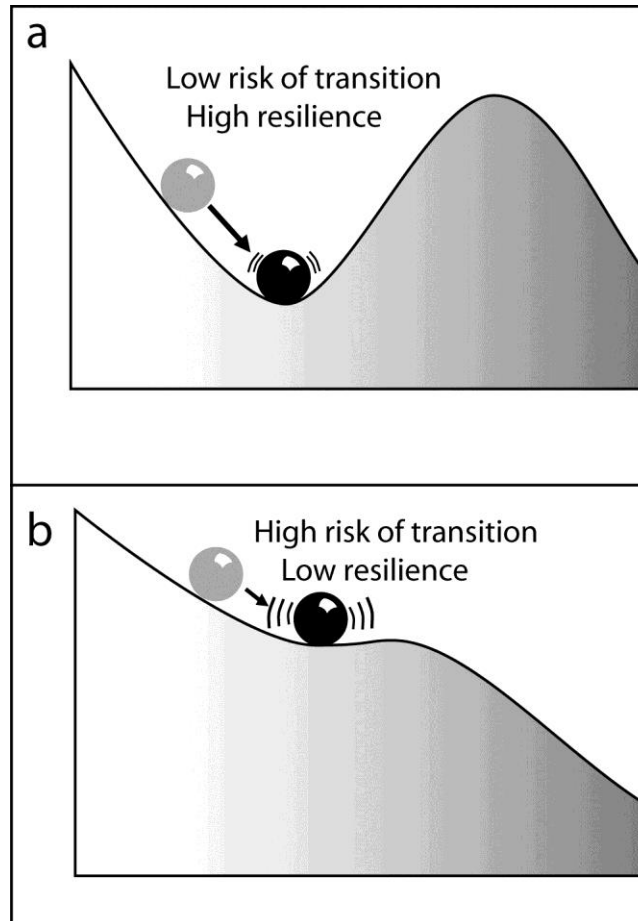
## Migraine Strikes as Neuronal Excitability Reaches a Tipping Point

Marten Scheffer<sup>1\*</sup>, Albert van den Berg<sup>2</sup>, Michel D. Ferrari<sup>3</sup>

<sup>1</sup> Department of Aquatic Ecology & Water Quality Management, Wageningen University, Wageningen, the Netherlands, <sup>2</sup> MESA+ Institute for Nanotechnology, University of Twente, Enschede, the Netherlands, <sup>3</sup> Department of Neurology, Leiden University Medical Centre, Leiden, the Netherlands

# So far Critical Slowing Down .....

## Subtle signs close to equilibrium



**What about more  
Wildly Stochastic  
Systems ?**



# ‘Flickering’

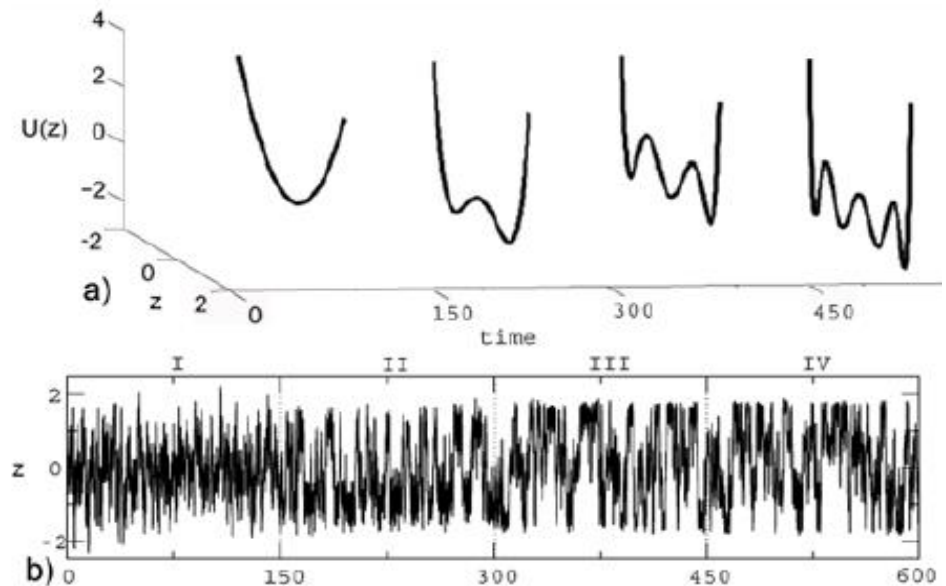
## No Critical Slowing Down

but if you have a lot of data you may still find

**Hints of Alternative States and their resilience**



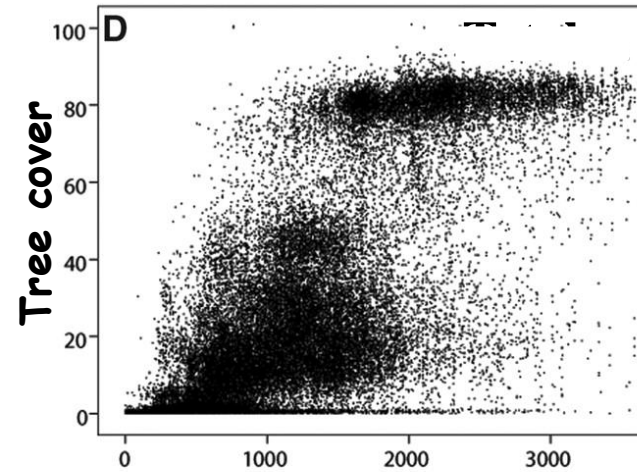
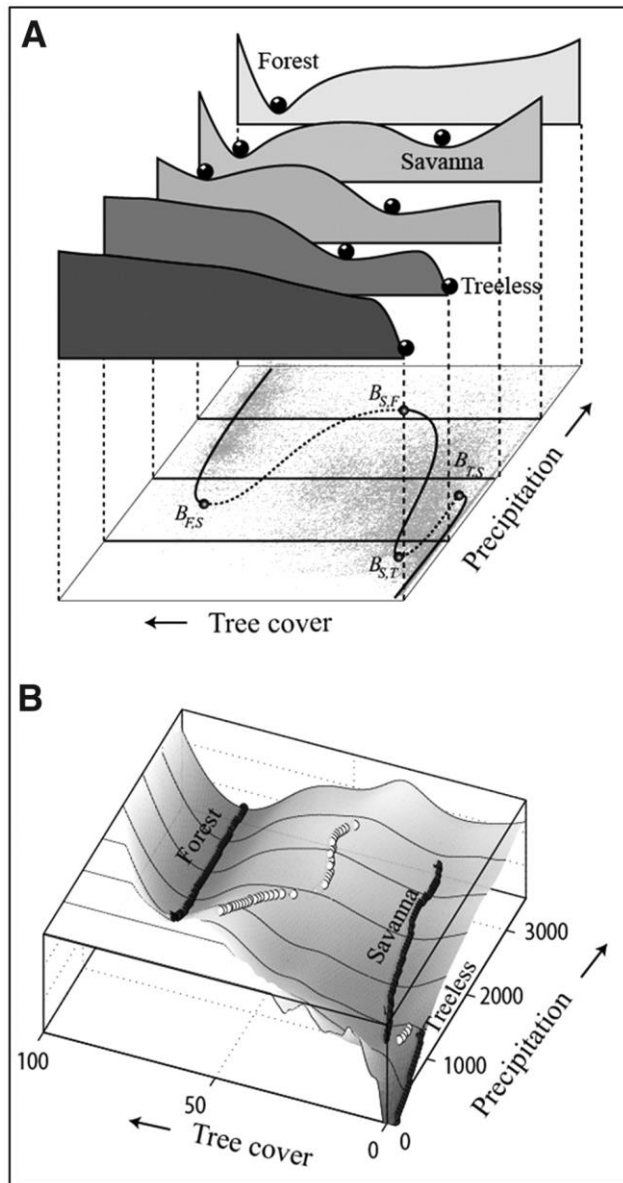
Livina et al Clim. Past. 2010



# We can use Spatial Information

Space  $\longleftrightarrow$  Time



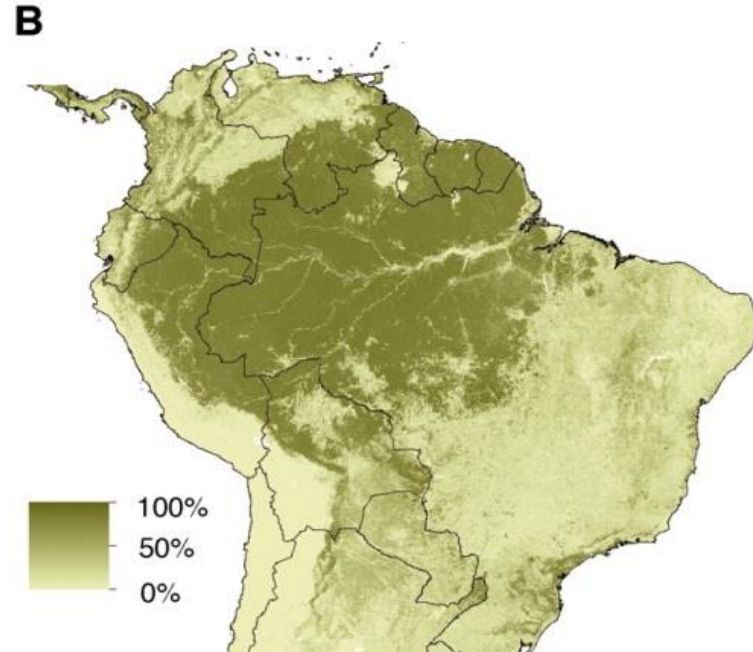
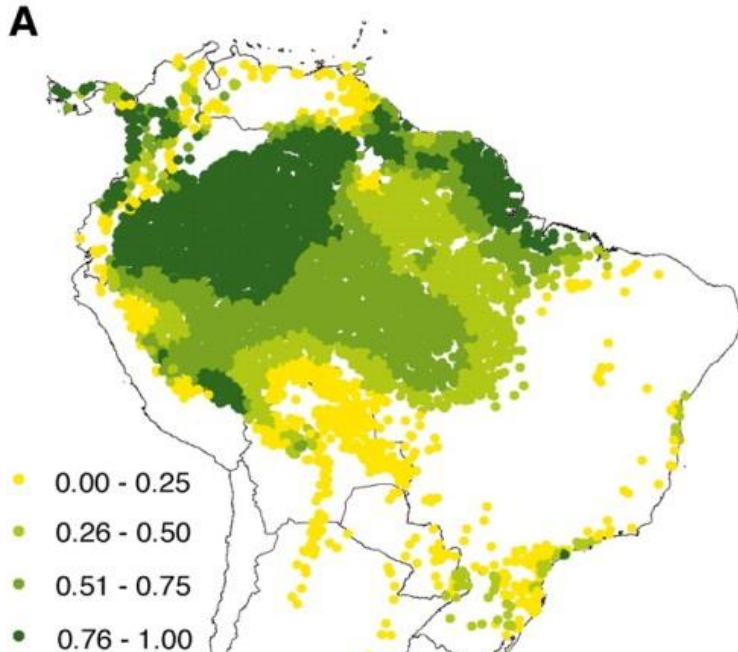
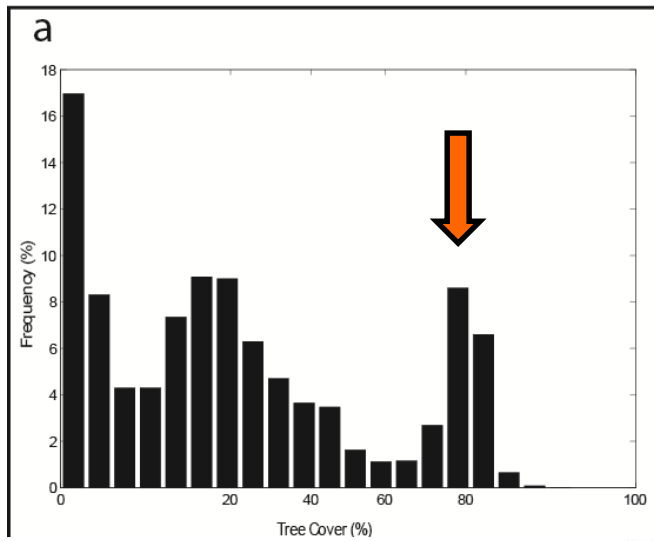


Hirota, Holmgren, VanNes & Scheffer

Science 2011



# Predict Resilience from Rain ?



**But multiple factors affect resilience**



**So if possible, estimate resilience ‘directly’ on the spot ...**

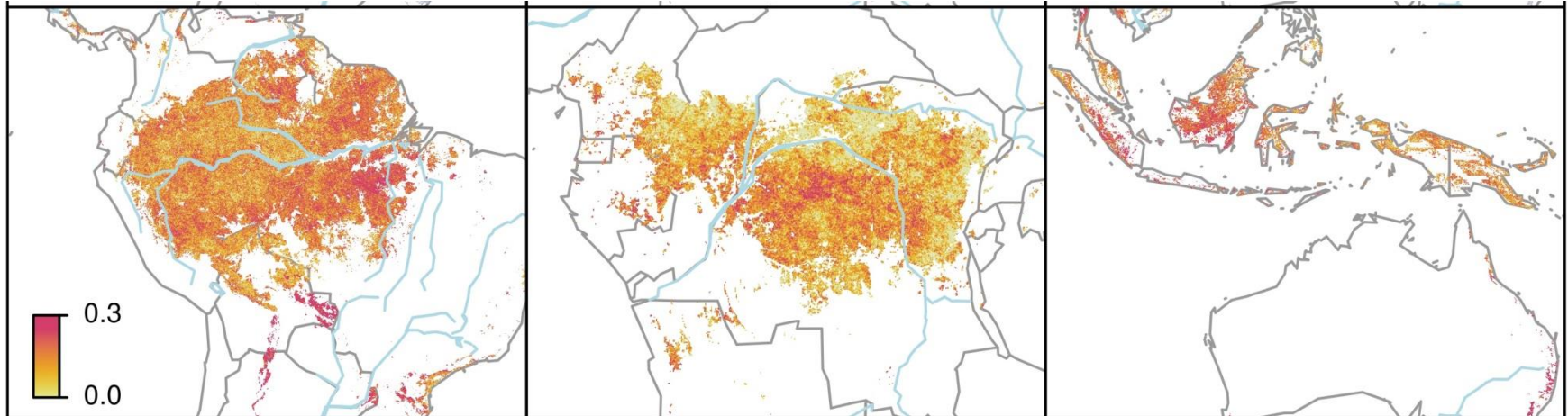
nature  
climate change

LETTERS

PUBLISHED ONLINE: 5 SEPTEMBER 2016 | DOI: 10.1038/NCLIMATE3108

## Remotely sensed resilience of tropical forests

Jan Verbesselt<sup>1\*</sup>, Nikolaus Umlauf<sup>2</sup>, Marina Hirota<sup>3,4,5</sup>, Milena Holmgren<sup>6</sup>, Egbert H. Van Nes<sup>3</sup>,  
Martin Herold<sup>1</sup>, Achim Zeileis<sup>2</sup> and Marten Scheffer<sup>3\*</sup>



**But what can you do with that ?**