

2ND WAGENINGEN CHILD EATING BEHAVIOUR SYMPOSIUM



Join us on December 20th 2023
Wageningen University and Reserach
A Symposium on Child Eating Behaviour



WAGENINGEN
UNIVERSITY & RESEARCH

We are pleased to invite you to this symposium to share the latest developments in CHILDREN EATING BEHAVIOURS and Health research. The symposium is highly relevant to researchers, students, and health professionals interested in this topic.

*Organized by the Sensory Science and Eating Behaviour Chair group,
Division of Human Nutrition and Health, WUR*

Costs: Free

Registration: see [registration form](#) or QR code

Date: December 20th , 2023, 8:30am – 16.50pm

Where: Wageningen University, Aurora, Room C9119 + webinar



Wednesday, December 20th, 2023 Wageningen University & Research



Assistant Professor Keri McCrickerd

Assistant Professor, Department of Pediatrics, Yong Loo Lin School of Medicine, National University of Singapore, (SG)

Bio: dr. Keri McCrickerd is a research scientist with a background in experimental psychology. Her research centres on the study of appetite and eating behaviour in children and adults, and the design and implementation of evidence-based and accessible interventions to promote health and wellbeing in clinical and community settings.

<https://medicine.nus.edu.sg/bisi/people/dr-keri-mccrickerd/>

Keynote Title: 'Development and Implementation of the Appetite Tool-Box in Singapore'



Prof Dr Remco Havermans

Full Professor, Laboratory of Behavioral Gastronomy Healthy Eating and Food Innovation Campus Venlo, Maastricht University, the Netherlands

Bio: Prof. Havermans research concerns the psychology of eating, the study of appetite and food choice. He studies the basic sensory experiences, the subjective experience of satiation, the learning of food likes and dislikes, the appeal of snack food in its association with overweight, and how public health initiatives may (or may not) contribute to curbing the current obesity epidemic.

www.maastrichtuniversity.nl/nl/rc-havermans

Keynote Title: 'Factors affecting child eating behaviour'



Associate Professor Ellen van Kleef

Associate Professor, Division of Marketing and Consumer Behaviour, Department of Social Sciences, Wageningen University and Research, the Netherlands

Bio: dr. Ellen van Kleef is an associate professor in consumer science who explores the relationship between young people & healthy food consumption.

www.researchgate.net/profile/Ellen-Van-Kleef

Keynote Title: 'Understanding the Nature and Impact of Digital Food Marketing to Adolescents'

PLENARY SESSION 1:

'Innovative Approaches to Understand Child Eating Behavior'

8:30 – 09:00	Arrival & Opening ceremony
9:00 – 09:50	Opening Keynote: Assistant Prof. Keri McCrickerd, NUS <i>'Development and implementation of the appetite tool box in Singapore'</i>
9:50 – 10:05	Zoë van der Heijden (PhD Student), WUR <i>'FoodPAD: the development of a new app to coach children towards healthier and more sustainable food choices'</i>
10:05 – 10:20	Catoo Krale (PhD Student), WUR <i>'Child appetite natural dynamics: Investigating the way children eat'</i>
10:20 – 10:30	Coffee break
10:30 – 10:55	Assistant Prof. Marlou Lasschuijt, WUR <i>'The development of eating behaviours in vulnerable populations'</i>
10:55 – 11:10	Dr. Alemayehu Teklu-Toni (PhD Student), WUR <i>'Understanding the appetite for improved treatment outcomes of children with severe malnutrition'</i>
11:10 – 11:35	Assistant Prof. Elske Brouwer-Brolsma; Inga Petersohn (PhD student), WUR <i>'Maternal diet and human milk composition'</i>
11:35 – 11:50	Lotte Pater (PhD student), WUR <i>'Children's role in the household protein transition: A qualitative approach'</i>
11:50 – 12:30	Lunch (lunch is not included, please bring your own lunch)

PLENARY SESSION 2:

'Shaping Healthy Eating Habits in Children Through Sensory Experience'

12:30 – 13:20	Keynote: Prof. Remco Havermans <i>'Factors affecting child eating behaviour'</i>
13:20 – 13:45	Dr. Beyza Ustun-Elayan (Post-Doc), WUR <i>'Flavor learning in the womb and its impact in the first postnatal month'</i>
13:45 – 14:00	Femke de Gooijer (PhD Student), WUR <i>'Miffy eats the rainbow! – A colorful strategy to increase willingness to try fruit and vegetables in 3–7-year-olds'</i>
14:00 – 14:15	Carine Mueller (PhD Student), WUR <i>'Sweet and sour sips: No effects of repeated exposure to sweet or sour-tasting sugary drinks on children's sweetness preference and liking'</i>
14:15 – 14:30	Coffee break

Wednesday, 20th Dec, 2023 | 8:30am
Wageningen University & Research

PLENARY SESSION 3:

'Bridging research and practice: Healthy eating habits in schools and beyond'

- 14:30 – 15:20** **Keynote: Associate Prof. Ellen van Kleef, WUR**
'Understanding the nature and impact of digital food marketing to adolescents'
- 15:20 – 15:35** **Anouk Mesch (PhD Student), WUR**
'Understanding how adolescents can be stimulated to adopt healthier and more sustainable diets, by means of the secondary school context'
- 15:35 – 15:45** **Coffee break**
- 15:45 – 16:10** **Dr. Victoire de Wild, WUR**
'Science into practice, food consultancy practice. Veggies and more'
- 16:10 – 16:25** **Ilse van Lier (PhD Student), Maastricht University, Venlo**
'Nutrition education and food innovation for children'
- 16:25 – 16:50** **Dr. Gertrude Zeinstra, WUR**
'School based interventions to support healthy & sustainable eating habits'
- 16:50 – 18:00** **Closing & Networking**
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ORGANISED BY;
Sensory Science & Eating Behaviour Chair Group, Wageningen University

Prof. Ciarán Forde
Dr. Beyza Ustun-Elayan
Assistant Prof. Marlou Lasschuijt
Dr. Victoire de Wild
Sjanneke Hulshof

For more information about the symposium please contact Sjanneke Hulshof by email: sjanneke.hulshof@wur.nl

See link for information, latest updates and news of the Sensory Science and Eating Behaviour Chair Group:

<https://www.wur.nl/en/research-results/chair-groups/agrotechnology-and-food-sciences/human-nutrition-and-health/research/sensory-science-and-eating-behaviour.htm>

