

Banqueting book

'23/'24



SMART FOODS!

When you're comfortable in your own skin, you're at your best. We can help you get there with our Smart foods offerings. These are tasty dishes and packages that suit your daily needs. For example, if you need an energy boost or want to increase your productivity or even want to feel fresh and fruity all day long. Then our Smart foods choices will help you to be your best self for the type of day you are having.

EAT SMART, THINK SMART, FEEL SMART

Do you need a **MASSIVE ENERGY BOOST**? The Kick it dishes are packed of ingredients who give you energy. So you have your energy re-loaded in no-time.



The Fresh Forward dishes make you feel **FRESH AND SHINY ALL DAY**. They contain a lot of fiber rich fruit and slow carbs. Therefore, you feel satisfied and your blood sugar will be in balance.



Some day's you are so over productive that's it is hard to **STAY CONCENTRATED**. On these day's give your brain a big pleasure with enough healthy fats, Vitamin C and proteins. The Go Create dishes will provide you with a bunch of these and more! You never have been so productive before.



Foreward.

Great that you have an interest in booking our banqueting service! Especially for your meetings, presentations, and other gatherings we have composed several arrangements. We carefully constructed this book and work with the many beautiful products the Netherlands has to offer. Let us know what we can prepare for you!

Ordering

You can easily order thru the internal system ProQme. For banqueting requests, or questions/ special wishes regarding your request, please send an e-mail to osp-impulse.fb@wur.nl. Orders regarding request inside of our building can be made until 12:00 (16:00 for coffeservice) for the next workday. Orders outside of our building can be made up until two workdays ahead, before 12:00. If there are any last minute orders, you are free to contact the banqueting department to discuss the options.

Cancellations

Already placed orders can be cancelled cost free in the same time window an order can be made. Cancellations after this period or on the day itself will be charged 100%.

Prices

All indicated prices are per person, unless mentioned otherwise. The prices are included of VAT and included with personnel expenses and delivery costs in our opening hours.

Do you have any dietary wishes or allergies?

Please tell us! Our employees can consult you with your questions regarding dietary wishes and food allergies.





Kickstart. (breakfast)

Packages from 4 persons.

Packages

Start breakfast		9.80
Croissant with fruit spread, yoghurt with granola, coffee, tea and juice		
Healthy work breakfast		9.20
Fresh fruit salad, yoghurt with granola, tea and a smoothie		
Enjoy breakfast	minimum of 10 persons	17.30
Different kinds of bread, cheese, meats, croissant with fruit spread, fruit salad, hard-boiled egg, coffee, tea, biological juice		

Sides

Banana bread	2.65	Currant bun	2.20
Croissant with fruitspread	2.30	Granola bun	2.20
Fresh fruitsalad	4.05		
Yoghurt from a local farm, with different toppings			4.05

Drinks – per jug

Water still or sparkling	4.40	Milk	5.40
Herbal water	4.00	Fresh orange juice	9.90

*** it's possible to order the sides & drinks in combination with the breakfast packages**



Morning break.

Packages from 8 persons.

Packages from 8 persons

Coffee reception	2.70
Coffee, different kinds of tea, water (2 consumptions p.p.) and a small cookie	
Coffee reception luxurious	4.40
Coffee, different kinds of tea, water (2 consumptions p.p) and an assortment of different small cookies	

Sides morning break

Piece of fruit	1.05	Fresh fruit salad	4.05
Granola bar	2.25	Luxurious cookie	2.65

Drinks - per kan

Water still or sparkling (bottle)	4.40	Small bottle of soda	2.75
Herbal water (jug)	4.00	Fresh orange juice	9.90
Handmade lemonade (jug)	5.40	Bottle biological juice (750 ml)	8.80

It's possible to order the sides and drinks in combination with the coffee reception packages



Lunch.

Packages from 4 persons.

Lunch packages

Essential lunch

8.00

Three soft buns with a selection of different spreads and Dutch cheeses. Including a piece of fruit, juice or milk

Luxurious lunch

14.15

Two hard rolls with different luxurious fillings and spreads including a piece of fruit and juice

Healthy work lunch

13.90

One hard roll with luxurious fillings or spreads, a greens and/or fruit smoothie and a small salad

Lunch from the counter

on calculation

If you prefer to be able to choose what you want from our buffet, then we have the possibility for you to choose our "counterlunch". This means that you can put together your own lunch from the buffet in our restaurant, from 11.30 to 13.30. At the check-out, we kindly ask you to tell the name that is used for the reservation to our staff and they will note what you got. We accept these reservations only up to 15 persons.

Sides lunch

Soup of the day	3.40	Hot snack	4.10
Wrap (half of it)	3.35	Snack salad	3.45
Fresh fruit salad	4.05		

Lunch to go | all our lunch packages are possible to pick up in our restaurant for take away.



Afternoon break.

Make your own break.

Appetizers available from 6 persons

WUR (vegetarian) Different kinds of cheese, GRO oyster mushroom "bitterbal" and bread with dips	7.90
Plantbased Snack vegetables with dip, bread with dips and roasted chickpeas	10.20
Local appetizers Different kinds of cheese and sausage, olives and snack vegetables with dips.	12.45
Pizza slide Variation of pizza slides (from 8 persons)	3.55
Quiche Variation of three small quiches	3.05

Packages from 6 persons

"frisdranken knabbelmix" (Sodas and small bites) Variation of different kinds of sodas with some salty snacks (one drink p.p.)	3.50
"dranken knabbelmix" (Drinks and small bites)	5.05

Reception/drinks

Reception/drinks package	for 1 hour	10.35
Reception/drinks package	for 2 hours	18.45
Variation of sodas, beer, wine, juice with salty snacks		



Drinks.

Mix your own snack moment.

Bites 2 share per cup (5 persons)

"bitterbal" (small croquette) or vegetarian version made from oyster mushroom	7.15
Snack vegetables with dips	9.75
Mixture of fried snacks	17.30
Bar mix different kinds of nuts, olives and salty cheesesnack	10.50



Dinner.

We offer several options:

We can offer you the following possibilities:

Dine & ride 13.55

For a quick bite we can offer a meal from our buffet. This will be a nutritious hot meal. We can offer you this from 10 persons on request.

Different buffets Minimum 20 persons Starting from 29.50

We can discuss the possibility to put together different kinds of buffets in a specific theme or country, if that is your culinary wish. This is optional from 20 persons.

We are also happy to provide an excellent dinner to strengthen your meeting or event on location. Is your culinary wish not listed? Please contact our catering manager for all possibilities.



Meeting arrangements

Packages from 8 persons.

Meeting package (from 8 persons)

Meeting service (full day) including the luxurious lunch package 28.30

Fully arranged meeting service for the whole day Includes, among other things, coffee, tea, water, lunch, fruit, juices, sodas

Meeting service (half a day) including the luxurious lunch package before or after the meeting 23.00

Fully arranged meeting service for half a day Includes, among other things, coffee, tea, lunch, fruit and juices

Terms and conditions

Ordering events or specific requirements?

Organising a large group or event at Impulse? We will gladly make you a customised offer. Upon approval of the quotation, all you have to do is create a zero coupon in ProQme.

Staff deployment

To ensure the smooth running of your event or get-together, we assume one staff member for every 50 guests. This obviously depends on your needs and wishes of interpretation. The cost of additional support will be included in the quotation.

Renting materials

For larger quantities, we are forced to hire materials. This additional cost will be included in the customised quotation. Do you need furnishings or decoration during the event? We can take care of this too and will be happy to think along with you.

Delivery

Prices mentioned in this BQT book include delivery. Requests outside the Impulse premises are subject to availability. You can also collect your order from our restaurant in many cases.



